




**Professional
Development
Resources**
for Orientation

Best of the Best for Orienting to Graduate Life

Personal Help With Your Graduate Professional Development 

BOOK: Navigating the Hidden Curriculum of Graduate School 


A Learn in 15 - Thinking Critically and Creatively 

A Learn in 15 - Overcoming Common Struggles of PhD Work 



A Learn in 15 - Being at School Again 

Webinars with Intermediate Topic

  15 Minute Series : Skills to Ace Graduate School - Self-Regulation Skills

  Writing Tips and Tricks for the First Year Graduate Student Master's or PhD



 Finding and Utilizing the Supports You Need in Graduate School

  How to Build Success Out of Being Different Especially When It's hard to Do

  Plotting Your School Semester or Year for Graduate Success






Webinars with Advanced Topics

Mentoring Maps-Ensure Adequate Academic, Career, Personal Support  






Surviving and Thriving in Academia: Research and Strategies Supporting Latinx Students  

LGBT Academics Pride on Campus a Panel with Deans  

Practical Skills Great for Orienting to Grad Life

-  Reflective PD Notes for PreRecorded Webinars
-  Managing Graduate School using Project Management Practices
-   How to Make a Persistent Personal Change. An Interactive Workshop
-  Personal Help With Your Graduate Professional Development

Wellness to Get on Top Of as You Orient to Graduate School

- How to Work with Things that Trigger You to Overreact   
- Positive Psychology Helping Attitude and Work Life Balance  
- Managing Graduate School Student Anxiety 